

FCCLA Speaks!

2015 Spring Newsletter

**Idaho Association of
Family, Career, and Community Leaders of America**

VICE PRESIDENT OF PUBLIC RELATIONS - PEYTON SCOW

2015 National Leadership Conference Washington D.C.

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As District STAR Events come to a close at the end of this month, we all begin to prepare for this year's State Leadership Conference. The main goal we have in mind is getting our ticket to the 2015 FCCLA National Leadership Conference.

Those who have been to a National Leadership Conference in the past can tell you that is one of the best weeks of your life. It is a time filled with fun meetings, leadership training, and the opportunity to sight see and meet members from all across the United States.

For STAR Events competitors, NLC is a chance to challenge yourself and showcase the work and projects that you have put together over the

course of the past year. This year, NLC will be held in Washington D.C. This year there will also be tours available before the conference for Idaho's delegation.

During your stay in Washington, you can view famous landmarks such as the Washington Monument, the Abraham Lincoln Memorial, and the White House.

If you love learning about the government, be sure to check out the Capitol Building during your stay. Also, stop by and see all of the presidents at Madame Tussaud's Wax Museum.

Don't forget to take advantage of all of the leadership opportunities at the National Leadership Conference such as the

Leadership Academy courses that are offered.

No matter what you choose to do at NLC, remember to test your limits and step out of your comfort zone. Challenge yourself to try something new or meet someone new. This is your chance to discover information about members and chapter from all across the country. NLC is a busy week full of fun, friendship and FCCLA leadership. So get ready for a life changing experience and set your sights on the ultimate prize: The 2015 FCCLA National Leadership Conference! See you all in July!

Courteney Coleman
Vice President of Membership
District III Director

Active Leaders **FCCLA**
TOGETHER
Stronger Healthy **WE** Family
Ready **ARE...**

2015 National FCCLA Leadership Conference
July 5th-9th
Washington, D.C.

Being a State Officer

Being an active member of Family, Career and Community Leaders of America (FCCLA) will change your life. Being a state officer for FCCLA will improve your experience of being an active member and give you beneficial experiences. Running for the position of state officer during the 2014 State Leadership Conference made me nervous. It scared and intimidated me but I have found that being a state officer has been worth every second of worry and stress that I felt during the application, interview, and voting process.

As a state officer, I have developed better leadership capabilities, better understanding of others, and a better ability to meet and make new friends. One of the most memorable things I have done as a state

officer was attending the JSL conference in the late summer. JSL is the Joint Student Leadership Conference where state officers from all Professional Technical Student Organizations in Idaho meet together for leadership training and conference planning. While at JSL, we planned the 2015 State Leadership Conference and interacted with the state officers from other organizations. Meeting and planning with the FCCLA state officers and seeing how other organizations function was really beneficial for me as a person and as a leader.

Another thing I was able to experience was attending Leadership Academy courses at the FCCLA National Leadership Conference in San Antonio, Texas during the summer of 2014. While at

Leadership Academy, I learned valuable lessons about being a leader and life.

One of the most amazing things to me about FCCLA is how it is something that everybody is able to connect to at some level. Being a state officer has only increased that connection for me and I believe that it gives me more courage when I walk up to new people because I know that I will have something to talk to them about. Being part of FCCLA is like being part of a family. Being a state officer is being part of an even closer family and it is an experience that I would be willing to have over and over again.

Andrea Carlquist
Vice President of STAR Events
District IV Director

Service Carnival 2015 State Leadership Conference

Every year at our Idaho State Leadership Conference we have a night of fun at the Service Carnival. Some events can include pies in the face, fun games, grand donations to great causes and plenty of other things that we've done in the past and will do in the future.

Admission to the Service Carnival will be one non-perishable food item per person for the Idaho Food Bank. This

year we will have booths from the Idaho Meth Project, Yuda Bracelets, and a few more! Each district will set up game booths for everyone to play and as always, there will be great music being played by DJ One One.

The Service Carnival is a great time to get members involved and for everyone to contribute to a great cause. I am confident that this year's Service Carnival

will be a great success. I look forward to it and I hope you do too.

We can't wait to see you there in your conference t-shirt!

Lizzie Wilcoxson
District II Director
Board of Directors Representative

FCCLA Creed

We are the Family, Career and Community Leaders of America.
We face the future with warm courage and high hope.
For we have the clear consciousness of seeking old and precious values.
For we are the builders of homes,
Homes for America's future,
Homes where living will be the expression of everything that is good and fair,
Homes where truth and love and security and faith will be realities, not dreams.
We are the Family, Career and Community Leaders of America.
We face the future with warm courage and high hope

FCCLA Scholarships

Did you know that you could receive scholarships for being a member of FCCLA? These scholarships are available to everyone from the state to national level. At the state level there are professional technical scholarships that you can apply for or win for competing in a star event. At the national level there are scholarships that are based off of leadership, being an active member, receiving top gold at the National Leadership Conference in a star event, community service, aid to attend na-

tionals, and so many others. These scholarships are a great way to help fund your college/technical professional training.

The websites for Idaho Professional Technical scholarships is below.

<http://idahoptef.org/scholarships.asp>

The website for FCCLA scholarships is below.

<http://www.fcclainc.org/content/youth-scholarship-applications/>

So what are you waiting for? Go and apply now!

Peyton Scow
Vice President of Public Relations

Leadership Roundtables

Another year in FCCLA has passed, and with a new year rolling in, it's about time to start preparing for the 2015 State Leadership Conference this spring! Among the many great workshops and training sessions that will be offered, the State Leadership Conference this year will feature a Leadership Roundtable Session conducted by

the 2014-2015 State Officer Team. In this workshop, attendees will have the opportunity to participate in the following sessions: Dinner Etiquette, Parliamentary Procedure, Goal Setting, Financial Fitness, Stop the Violence, STAR Events, and Families First. Each session will offer an activity to help familiarize members with these

specific topics. This is a great opportunity to review or give your input on important life skills and FCCLA programs while working with your 2014-2015 State Officer Team! We look forward to seeing all of you there!

Sarah Sedy
State Secretary

Tips to Dress for Success

"While it may seem unfair, it only takes three seconds for someone to decide who you are and what you are about." This quote comes from *The Ultimate Officer: Handbook and Training Manual*. As FCCLA members, it's everyone's duty to have a good appearance. No member goes into presentations wearing pajama bottoms and fuzzy slippers. Although it may seem like a hassle to wear a polo and slacks for every conference, it gives off a good image. Not only does it make a person look smarter, it makes a person more confident as well.

Here are some tips you can use when

you want to dress for success

- Keep your hair neat and out of the face. It helps your audiences focus clearly on a face and not some eyes hidden behind a curtain of hair.
- Wear minimal make-up and jewelry. Accessorizing can enhance a person's outfit, but you do not want to wear anything too distracting from what your purpose is.
- Wear modest clothing that fits your form.. While a tight mini dress might look cute, it is not professional and may ex-

pose too much. Simple and modest clothing helps your audience stay focused on what you are there to do.

The most important item to wear, is a SMILE. In the end, it's a person's personality that sticks with others. Always having a positive attitude can improve any boring, polo and khaki combo.

Fernanda Garcia
District VI Director
Borad of Directors Representative

2014-2015 State Executive Council

Name	Position	Email Address
Shaylee Butterfield	State President	president@idahofccla.org
Sarah Sedy	State Secretary	secretary@idahofccla.org
	District I Director	d1director@idahofccla.org
Lizzie Wilcoxson	Board of Directors Representative	d2director@idahofccla.org
	District II Director	
Courteney Coleman	Vice President of Membership	membership@idahofccla.org
	District III Director	d3director@idahofccla.org
Andrea Carlquist	Vice President of STAR Events	vpstarevents@idahofccla.org
	District IV Director	d4director@idahofccla.org
Lillie Coleman	Vice President of of National Programs and Outreach	vpnp@idahofccla.org
	District V Director	d5director@idahofccla.org
Fernanda Garcia	Board of Directors Representative	d6director@idahofccla.org
	District VI Director	
Peyton Scow	Vice President of Public Relations	vppr@idahofccla.org

State Staff

Name	Position	Email Address
Theresa Golis	State Adviser	stateadviser@idahofccla.org Theresa.golis@pte.idaho.gov
Lisa White	Conference Coordinator	conference@idahofccla.org
Paola Aguilar	Secondary Officer Coordinator	officercoord@idahofccla.org
Mary Schmidt	Collegiate Coordinator	collegiate@idahofccla.org
Jeannie Coulson	STAR Events Coordinator	stareventscoord@idahofccla.org
Shannon Phillips	STAR Events Judge Coordinator	eventjudges@idahofccla.org
Dani Manning	State Office Staff Assisant	office@idahofccla.org
		Dani.manning@pte.idaho.gov



The Idaho FCCLA State Leadership Conference

April 8th-11th, 2015

Together We Are...Infinite!

Dress for success by following the FCCLA Dress Code Policy at your District events and at the 2015 State Leadership Conference!

FEMALES

- Red, black, or white polo or oxford shirt (long or short sleeves)*
- Black dress slacks or khaki pants or capris (no shorts)
- Black or khaki skirts – no shorter than 2 inches above the knee
- Black sheath dress
- Dress shoes or sandals

Jeans, t-shirts, and athletic wear are NOT acceptable

MALES

- Red, black, or white polo or oxford shirt (long or short sleeves)*
- Black dress slacks or khaki pants (no shorts)
- Dress shoes

Jeans, t-shirts, and athletic wear are NOT acceptable

ADVISERS / CHAPERONES / GUESTS

- Business professional

Jeans, t-shirts, and athletic wear are NOT acceptable

****Polo shirts and oxford shirts are not required to have the FCCLA logo. All attire with the FCCLA logo must be purchased through the official FCCLA emblematic supplier. To purchase official FCCLA polo and oxford shirts, visit the [FCCLA store](http://www.co-store.com/fccla) at <http://www.co-store.com/fccla>.***